



# PD/AGM 2012 Itinerary

*May 30, 2012*

Alumni Hall, Georgian College

## Wednesday, May 30, 2012 ●●●

9:00 - 10:00	Registration
10:00 - 10:15	Welcome
10:15 - 11:15	Keynote Speaker – Smile & Move® (Kitty Runstedler)
11:15 - 11:45	AGM
11:45 - 12:45	Lunch/Awards
12:45 - 2:45	Typefocus (John Daggett) <b>OR</b> safeTALK (Greg Taylor)
2:45 - 3:00	Break
3:00 - 4:00	Continuation of Sessions
4:00 - 4:15	Wrap-Up

## Speaker Presentations

### Smile & Move® - Kitty Runstedler, Employment Advisor, Conestoga College

Create a Smovish culture. Create a team of Smovers. Smile & Move® will help you and your team create a better experience for everyone (customers, colleagues, students, and staff).

It's a reminder and call-to-action to be positive in our service to others.

There are 5 ways to smile and 4 ways to move. (see below)

Written by Sam Parker (best-selling author of 212° the extra degree), Smile & Move will help you create the habits and accountability that lead to better results and relationships with colleagues and customers.

To Smile is to...

- **Wake up** – Show others you care by giving attention to their needs.
- **Be thankful** – The opportunity to serve is a gift... not an entitlement.
- **Be approachable** – We're at each other's service and contact is where it starts.
- **Complain less** – Being positive is more fun.
- **Smile. Really.** – It's where pleasantness begins.

To Move is to...

- **Start early & go long** – Get lost in your service to others.
- **Exceed expectations** – Dismiss mediocrity. Expect and enjoy more from yourself.
- **Have a sense of urgency** – Everyone's time is valuable.
- **Be resourceful & resilient** – Results are what we're all really after.

Smile & Move® is a fun, clear, and easily embraced message that can help everyone be more service-oriented in their actions toward each other and those you serve as a team.

Your EWO Executive thank you for attending the PD Event/AGM and would appreciate your feedback. Event evaluations will be completed online through Survey Monkey. A link will be sent to all delegates following the conference.

## **safeTALK** - Greg Taylor, Counselor, Georgian College

Greg Taylor has served as a Counselor at Georgian College for nearly 10 years where he provides personal, academic and career counseling to both students and the surrounding community. Greg's prior employment includes working as a University Residence Manager, Co-op Consultant and a Life Skills and Employment Counselor for youth. Greg is also a Certified Imago Relationship Therapist. Greg has recently become more involved as a workshop presenter and enjoys bringing his skills to facilitate the topic of "suicide alertness training".

Co-op practitioners can find themselves on the front line of student angst and will often carry the burden of wondering whether they properly handled a student with suicidal thoughts or not.

safeTALK prepares you to be suicide alert helpers in only a few hours.

safeTALK participants are aware that opportunities to help a person with thoughts of suicide are sometimes missed, dismissed and avoided. You will learn the *TALK* steps (*Tell, Ask, Listen and KeepSafe*) and can activate a suicide alert. As a part of the KeepSafe step, you connect persons with thoughts to persons trained in suicide intervention.

As a safeTALK-trained suicide alert helper, you gain more confidence in:

- **Moving beyond common tendencies to miss, dismiss or avoid suicide;**
- **Identifying people who have thoughts of suicide; and**
- **Connecting a person with thoughts of suicide to an intervention caregiver.**

This is a three-hour training session and certificates will be issued.

## **TypeFocus** - John Daggett, Co-operative Education Consultant, Georgian College

Transitions - a process or period in which something undergoes a change and passes from one state, stage, form, or activity to another

Students enrolled in a co-op program experience a number of changes. These changes put them into situations that can be seen as exciting challenges or anxious ordeals. How they view their co-op program will determine whether they thrive or falter. This session will present theory, research and practice on transitions and how to help your students thrive.

Each participant will be provided with access to complete TypeFocus™ online assessments for FREE. To get the most out of the session, you will be asked to complete the Success Factors Questionnaire as well as the personality assessment before attending to give you an idea of your personality type and what the success factors look like.

The session will be delivered in a webinar format with opportunities to interact with the material presented by David Wood, President at TypeFocus Internet and facilitated on site by John Daggett, Employer Developer, Georgian College.

**About the speaker** -- David J. Wood designs and facilitates training programs that make a difference. His background in Psychology (MA) and Program Evaluation (MPA) ensure that the programs he designs are cost-effective and result in changed behaviour. His experience ranges from 10 years as a university instructor, five years as the Director of Training in a hospital and 20 years as the leader in two training companies.

**About the facilitator** -- John Daggett's open, honest and straight forward approach has allowed him to gain over 15 years of experience working with youth in a variety of settings. John's background includes assisting at-risk youth with making life changing decisions, helping high school students make the jump to post-secondary schooling, providing career guidance to Generation X'ers and most recently focusing his energies on "Generational Understanding" with today's Millennial students.

Currently John is a Co-operative Education Consultant at Georgian College focusing in the Golf, Ski, Business and Accounting industries. This experience allows John to see first-hand the challenges today's employers and employees face when trying to understand different values, beliefs and motivators. John's deep and diverse network of industry contacts provides students and grads with a wealth of work and educational opportunities.

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